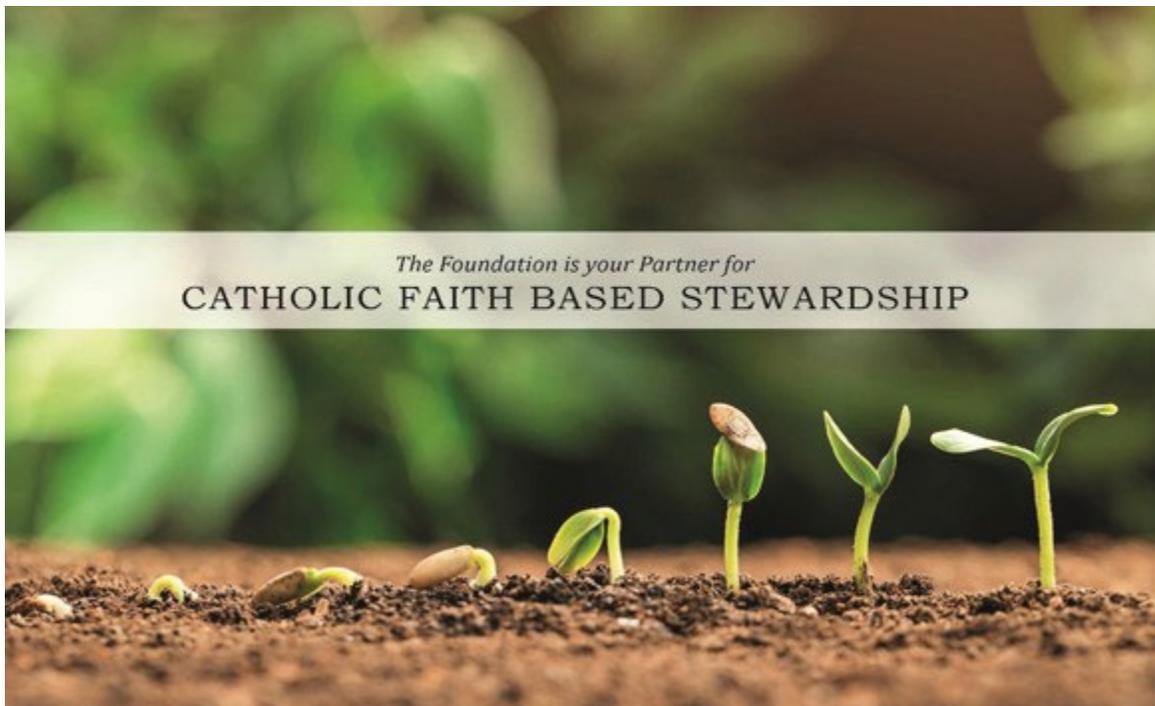

STEWARDING YOUR LEGACY

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TOGETHER IN FAITH

It's hard to believe we are moving from ordinary time into our Lenten season. My prayer for myself, and all of you, is a time to slow down. A time to reflect on what is keeping me from a deeper relationship with our Lord. A time to step back from the constant digital embarkment of podcasts for personal improvement and learning to really just sit with being enough, as I am today. A time to reflect on how God may be calling me to use my time, talents and financial resources to help others.

We hope all women can join us for our **Women's Lenten retreat on March 4th**. Space is limited so sign up today and bring your friends.

Pray with me for all our priests as they offer additional times during Lent for all of us to grow in faith, be reconciled from our sins, and deepen our relationship with Jesus.

Sincerely,

Dawn M. Stark

Executive Director



St. James prayer chapel, Henderson, NC

Save the Dates!

Upcoming Estate Planning Seminar: February 17 -TONIGHT

Whether you need to create or revise your will, please join us for a [Wine and Wills](#) event in the Fellowship Hall at St. Francis of Assisi in Raleigh. Come join us and enjoy a great evening of wine, conversation, and planning for the future.

Wine and Wills Event

Location: St. Francis of Assisi | Fellowship Hall

11401 Leesville Rd, Raleigh, NC 27613

Date: Tuesday, February 17 | 6:30pm-8:00pm

Contact: Stacey.Shine@stfrancisraleigh.org



Join us on March 4, for the **Women's Lenten Reflection**. This is wonderful opportunity to bring women together for a daytime gathering of prayer and reflection during the sacred season of Lent. The reflection will be led by guest speaker and retreat leader, Anne Trufant.

Anne weaves music, humor, and common life experiences together to bring faith to life. A wife, mother of seven, speaker, and musician, Anne has been a retreat leader both in the United States and abroad. Originally from Louisiana, Anne received her master's in social work at Louisiana State University and helped found Hosana House, a home for unwed mothers in Baton Rouge, LA. (Anne was privileged to work with Mother Teresa, who later took over the Hosana House.) Anne is the founder of [The Mission on the Mountain](#), a ministry to teach, equip, activate, and launch anyone who wants to grow in their faith through dynamic retreats and online teachings. We look forward to sharing this peaceful time of faith and renewal together.

As St. Teresa of Ávila reminds us,

"Let nothing disturb you; God alone suffices."

Women's Lenten Reflection

Location: St. Andrew the Apostle Catholic Church | Fellowship Hall
3008 Old Raleigh Rd, Apex, NC 27502

Date: Wednesday, March 4 | 10am-2pm

Registration is Open: tinyurl.com/womens-reflection-2026

There is More!
WOMEN'S REFLECTION

*"God can do superabundantly more than we dare to ask, dream, or imagine."
— Ephesians 3:20*

You are invited to join us:
Wednesday, March 4 • 10am-2pm

REFLECTION: St. Andrew's Catholic Church
LUNCH: Fellowship Hall
3008 Old Raleigh Road, Apex, NC 27502

GUEST SPEAKER
ANNE TRUFANT

Bring a friend and share this special day together!
Space is limited, so please register early.

To register visit:
tinyurl.com/womens-reflection-2026
or scan this code:

 **THE FOUNDATION**
Serving the Catholic Community of Eastern North Carolina

New Endowments

We are pleased to share the two new endowments that have recently been established by parishes within the diocese:

The **Infant of Prague Catholic Church Campus Endowment Fund** provides financial resources for the long-term sustainment of the facilities required to support the operations of Infant of Prague Church and School. Infant of Prague Catholic Church, Jacksonville.

The **Our Lady Of The Rosary Columbarium Endowment** provides financial support for their columbarium. Our Lady Of The Rosary, Louisburg.

We are deeply grateful for the vision our parishes embrace in supporting their church and schools, and for the remarkable generosity that makes this mission possible.

Ash Wednesday is February 18th. Please check your parish's website for mass times and more information.

Interested in refreshing your knowledge of Ash Wednesday? Dynamic Catholic has a fantastic page titled [A Catholics Guide to Ash Wednesday](#).



“By the sweat of your face shall you get bread to eat, until you return to the ground, from which you were taken; For you are dirt, and to dirt you shall return”

-Genesis 3:19

Community Wellness Fair - Reschedule May 30, 2026

Due to inclement weather, the January Wellness Fair has been rescheduled and moved to May. You are invited to take part in St. Francis of Assisi’s first Community Wellness Fair and discover resources to support your mind, body, and spirit. With more than 40 local vendors, this event offers practical tools, expert guidance, and supportive services for all ages.

St. Francis of Assisi Community Wellness Fair

Location: St. Francis of Assisi | Fellowship Hal

11401 Leesville Rd, Raleigh, NC 27613

New Date: Saturday, May 30 | 8:30am–12:30pm

Contact: Stacey.Shine@stfrancisraleigh.org

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[Catholic Diocese of Raleigh](#)

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